

5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following

1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills 2020-21

Name of the capability enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Life skills Healthy Life Style	21-Mar-21	57	Dr. Shail Srivastava 9425357276
Life skills Yoga and Pranayama the basis of mental and physical health	20 Feb. 2021	40	Dr. Shail Srivastava 9425357276
Language and communication skills Hindi English speaker efficiency and employability	20-Jan-21	50	Dr. Kanta Mulchandany 9893322845
Language and communication skills Importance of Mother Language in Life	19-Jan-21	54	Dr. Sharmila Kante 9424774723
Life skills Two Days online workshop on Yoga	19 , 20 Jun 2021	106	Ashok Dilliwal Yog Mandir yogik Chikitsha Anusandhan
Life skills International Yoga Day Celebration "Ghar par Yog pariwar sahit Yog"	21-Jun-20	33	Ashok Dilliwal Yog Mandir yogik Chikitsha Anusandhan
Language and communication skills Training of sentences for manipur language knowledge through online you tube link under " Ek Bharat Shreshtha Bharat"	29-Jun-20	42	Department of Higher Education Govt. of M.P. Bhopal
Life skills Plantation under Hariyali Mahotsav	26-Jul-20	7	Forest Department Indore
Language and communication skills online E-Quiz	27-Jul-20	115	Department of Higher Education Govt. of M.P. Bhopal
Language and communication skills Writing original patriotic poems	07 Aug.2020	14	Department of Higher Education Govt. of M.P. Bhopal
Language and communication skills Motivational slogan writing focus on freedom	07 Aug.2020	8	Department of Higher Education Govt. of M.P. Bhopal
Soft skills Musical Performance of patriotic song in solo stage	07 Aug.2020	5	Department of Higher Education Govt. of M.P. Bhopal

Life skills Yoga activity under the fit india Movement	23 Sep.2020	20	NSS Unit, DAVV Indore
Life skills Drug addiction awareness	25 Sep.2020	7	NSS Unit, DAVV Indore
Life skills Awareness about physical mental health of children, youth and elderly	28 Sep.2020	5	NSS Unit, DAVV Indore
Life skills Webiner (Voluntary blood donation)	10 January 2020	2	Red Ribbon Club
Life skills Oath on Covid awareness	08 Oct.2020	20	NSS Unit, DAVV Indore
Language and communication skills Debate ,Constitution day program	26 Nov.2020	42	NSS Unit, DAVV Indore
Language and communication skills Quiz ,Constitution day program	26 Nov.2020	31	NSS Unit, DAVV Indore
Language and communication skills Essay Writing ,Constitution day program	26 Nov.2020	42	NSS Unit, DAVV Indore
Life skills Surya Namaskar program on national Youth Day	12 January 2021	70	NSS Unit, DAVV Indore
Soft skills Art Workshop Series (Shubh-Labh, door making)	30,31 October 2020	38	Swarna Modi 7000547052
Soft skills Art Workshop (Diya design & inlay work on wood	6,7 November 2020	29	Swarna Modi 7000547052
Soft skills Art Workshop (Crackle effect on decoupage bootle	27 Nov.2020	20	Swarna Modi 7000547052
Life skills Lecture on "Handling Stress in Negative Times"	18 Oct.2020	58	Dr. Madhavi Dobholkar, Director Wai Ahead, Indore
Life skills Lecture on "Life Skills"	02 Dec.2020	31	Dr. Kumud Shrivastava, Founder, Wellness Center, Luchnow

Life skills Lecture on "How to be Happy"	03 Dec.2020	32	Dr. Madhu Asthana, Principal, Shri Agrasen Girls PG College, Varanasi
Life skills Lecture on "Emotional Intelligence for life"	13 Dec.2020	39	Dr. Supriya Dhongade, Psychologist, Life Coach, Youtuber, Writer Indore
Life skills Lecture on "Illness to Wellness -Road less Travelled"	20 Dec.2020	40	Dr. Rajendra Singh, Principal, Govt. SDJH Medical College & Hospital, Azamgarh
Life skills Lecture on "My Relationship and My Happiness"	20 Dec.2020	34	Dr. Manju Agrawal, Dean, Student Welfare & Professor, AMITY University Lucknow
Life skills Lecture on "Netiquette"	25 Dec.2020	51	Dr. Vismita Paliwal, Professor, AMITY University Jaipur
Life skills Lecture on "Building Resilience and Coping Mechanism"	16 Jan.2021	41	Dr. Rachna Misraraj, Professor, Psychology Chicago
Language and communication skills Essay Competition on Dandi march and Mahatma Gandhi under Azadi ka Amrit Mahotsava	18 Mar.2021	79	Vivkanand Career guidance cell
Language and communication skills Quiz Competition	14 Jan.2021	49	Dr. Gomti Chelani
Language and communication skills Essay Competition on Suchna ke yug me hindi ka mahatva aur chunotiya	18 Sep.2020	2	Hindi Department
Soft skills Fevicryl workshop	06 Mar.2021	40	Training, Fevicryl Company Home Science